

Save the Date

Scientific Society for Vegetarian Nutrition - SSNV
Italian Society for Vegetarian Nutrition - SINVE

are pleased to announce the

2024 SSNV-SINVE NATIONAL CONGRESS

November 9, 2024

The congress also hosts international speakers.
Simultaneous Italian-English translation will be available.



Under the patronage of



Organizing secretary:
formazione@tworg.it
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SSNV Società Scientifica
di Nutrizione Vegetariana

SINVE Società
Italiana
di Nutrizione
Vegetariana

PROGRAM

10.45 CET / 4.45am EST / 1.45am PST / 3.15pm IST

Opening presentation

Vincenzino Siani, Luciana Baroni

MORNING SESSION

from: 11.00 CET / 5.00am EST / 2.00am PST / 3.30pm IST

to: 13.00 CET / 7.00am EST / 4.00am PST / 5.30pm IST

Moderators: Luciana Baroni, Denise Filippin

All presentations will last about 30 minutes

- Edible plants and man: from coevolution to genetic manipulation
Vincenzino Siani
- From gluten to nickel: managing intolerances in plant-based nutrition
Denise Filippin
- “I eat (vegan) like you”: the plant-based complementary nutrition
Carla Tomasini
- QA session (30' minutes)

BREAK (90')

from: 13.00 CET / 7.00am EST / 4.00am PST / 5.30pm IST

to: 14.30 CET / 8.30am EST / 5.30am PST / 7.00pm IST

LEGEND:

CET = Central European Time

EST = Eastern Standard Time

PST = Pacific Standard Time

IST = India Standard Time

AFTERNOON SESSION

from: 14.30 CET / 8.30am EST / 5.30am PST / 7.00pm IST

to: 18.00CET / 12.00am EST / 9.00am PST / 10.30pm IST

Moderators: Luciana Baroni, Vincenzino Siani

All presentations will last about 30 minutes

- Plant-based diet and GERD
Nicola De Bortoli
- Solanine: food sources, dietary intakes and safety levels
Gianluca Rizzo
- Bowel health and defecation patterns in plant-based nutrition
Maximilian Storz
- Plant Based Diet and Bone Health
Alexey Galchenko
- Reducing dietary advanced glycation end products to slow progression of cognitive decline and Alzheimer's disease
Steve Blake
- Plant Based Diet and Woman's Health
Neal Barnard
- Q&A session and conclusion (30')

